



West African Postgraduate College of Natural & Integrative Medicine

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Introduction

The West African Postgraduate College of Natural and Integrative Medicine is a pioneering institution dedicated to advancing healthcare by integrating evidence-based natural and conventional medical practices. We aim to train a new generation of healthcare professionals skilled in a holistic, patient-centered approach to wellness and disease management. In partnership with our teaching hospital, our college is committed to research, education, and delivering high-quality integrative healthcare services across the West African sub-region.

Aims and Objectives

Our core mission is to:

- **Train and certify** specialists in natural and integrative medicine through rigorous academic and clinical programs.
- **Promote research** into natural and traditional medicine to validate their efficacy and safety.
- **Establish standards** for the practice of natural and integrative medicine in West Africa.
- **Provide a platform** for collaboration and knowledge exchange between professionals in conventional and alternative medicine.
- **Educate the public** on the benefits of an integrative approach to health and wellness.

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The Teaching Hospital: A State-of-the-Art Facility for Integrative Healthcare

The West African College of Natural and Integrative Medicine Teaching Hospital is a state-of-the-art facility that serves as the primary clinical training ground for our postgraduate students. It's an innovative healthcare center where conventional and natural therapies are seamlessly integrated to provide comprehensive patient care. Our hospital is a hub for clinical research, specializing in conditions that respond well to integrative approaches, such as chronic pain, metabolic disorders, and stress-related illnesses.

Our state-of-the-art equipment and infrastructure classify our teaching hospital as a comprehensive healthcare center, capable of functioning as a primary, secondary, and specialist hospital.

Conventional Medical Equipment:

- **Diagnostic Tools:** Beyond specialized equipment, our center is equipped with diagnostic tools like BP monitors, stethoscopes, microscopes, and lab kits. Access to general laboratory services is also essential.
- **Therapeutic Equipment:** Therapeutic ultrasound and electrotherapy equipment are utilized for a variety of treatments.

Specialized Equipment:

- **Acupuncture:** Sterile disposable needles, cupping sets, and moxibustion sticks/cones are essential for practice. The hospital also uses sharps disposal containers to maintain a sterile environment, and has treatment couches.

Chiropractic: Our facility is equipped with chiropractic adjustment tables and provides access to X-ray services, either in-house or through referral. We also use a variety of therapy tools, including Activators, TENS/EMS, ultrasound, and hot/cold packs. To aid in patient education and treatment, we have

- anatomical spine models and postural tools, along with rehab and exercise equipment like bands and balls.
- **Osteopathy:** The hospital is equipped with osteopathic treatment tables, diagnostic tools like BP cuffs, reflex hammers, and stethoscopes, and exercise and rehab equipment such as bands, mats, and weights. We also utilize anatomical charts and skeleton models for training and patient consultation.
- **Homeopathy:** Our homeopathic pharmacy area is equipped for the preparation and dispensing of remedies, and we have a storage system for a wide range of homeopathic remedies, including tinctures, dilutions, and globules. We also maintain a collection of repertory and materia medica in both print and digital formats.
- **Naturopathy:** The teaching hospital features a fully-stocked herbal dispensary with tinctures, capsules, and teas, as well as a supply of nutritional supplements. It is also equipped with hydrotherapy equipment, such as steam baths and colon hydrotherapy machines.

Departments

The college and its teaching hospital are organized into several key departments to facilitate effective training and service delivery:

- **Department of Clinical Sciences:** Oversees patient care and clinical training within the teaching hospital.
- **Department of Research and Development:** Conducts studies on natural and integrative therapies, often through clinical trials at the hospital.
- **Department of Medical Education:** Manages curriculum development and training programs.
- **Department of Public Health and Community Outreach:** Focuses on community health education and wellness initiatives.

- **Department of Pharmacy and Compounding:** Manages the preparation and dispensing of herbal and natural remedies.
- **Department of Herbal Medicine:** Oversees the study, research, and application of plant-based remedies.

List of Personnel and Consultants

Our team is comprised of highly qualified professionals from diverse medical backgrounds. This list represents our leadership and key consultants:

- **Prof./ Dr.OkoOffoboche: Chief Medical Director**
- **Dr. Laaki Suleiman: Consultant, Herbal Medicine Science**
- **Prof. Dr. Ekarika: HOD, Clinical Medicine and Public Health Research Methodology**
- **Prof. Chiroma Usman: HOD, Acupuncture, Reflexology and Acupressure**
- **Prof. Anastasia: HOD, Naturopathy Medicine**
- **Dr. Sheriff Adefolarin: HOD, Prophetic Medicine**
- **Prof. Sandra W. Obioha: HOD, Basic Medical Science & Rehabilitation**
- **Prof. Baba Ejiga: HOD, African Traditional Medicine and Spiritual Medicine**
- **Dr. Dickson Barnabas: Consultant, Psychotherapy & Counseling**
- **Sadam Waziri: HOD Chiropractic and Physical Medicine**
- **Dr. AdejumoSherifatAlaba: Consultant, Cupping Therapy and Clinical Application to Naturopathy Disease Conditions**
- **Dr. IwowarriBerian James: Consultant, Energy Medicine**
- **Dr. Ismail Abdullahi: Consultant, Basic Acupuncture**
- **Prof. (Dr.) Adedamola Bank-kadejo: Consultant, Naturopathy and Osteopathy**

Advisory Board

Hon. Dr. Johnson Elechi JP: President

Prof. Joseph Akpile: Member

Prof. Gilbert Ezengige: Member

Dr. Jackie Ikeotuonye:Member

Dr. SheyiOnipinsaiye: Member

H.E. Barr. Dr. Mrs. Juliana Offoboche: Member